

right door



right time

ready to be treated



not alone

Summer, 2016

Volume 1 Number 2

**News from Randolph Hospital FaithHealthNC****Helen D. Milleson**

Greetings,

One of my favorite sayings is by John Wesley - "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can." Are you feeling a call in your life to live by this saying? Do you want to help others, but are unsure how to find those in need? Randolph FaithHealthNC is a way to help you do what John Wesley challenged us to do almost 300 years ago. Recently, I attended a workshop at Wake Forest Baptist Hospital. We were informed that 62% of Randolph County was un-churched. Wow, this statistic is shocking to someone that has lived in the Bible Belt all her life.

Randolph FaithHealthNC can offer you a four hour training to help you in your congregational care to your members. One of our goals at Randolph Hospital is to connect you with some super utilizers of the Emergency Department. Often individuals come into the Emergency Department because of unmet social issues.

FaithHealthNC helps us look at some of these complex needs and connect individuals to community resources. Please contact me if you would like further information on this wonderful outreach!

Blessings!

Helen D. Milleson

FaithHealthNC Navigator

*"Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you ever can." - John Wesley*

**Fellowship Completed**

April 15, 2016

Helen finished her fellowship as a FaithHealthNC Fellow. FaithHealthNC website describes a FaithHealth Fellow as one that "become agents of transformation in local communities addressing the social determinants (in-determinants of health) to reduce health disparities and lower the cost of healthcare. They become resources to faith and place-based population health collaboration of diverse partners. They become liaisons, navigators, translators and trusted collaborator between health systems, faith communities and community."



**Reverend Barry Morris Receives Chaplain of the Year Award**

Congratulations to **Rev. Barry Morris** whom has been selected as the **North Carolina 2016 Chaplain of the Year** .

This award is only 52 years old and has always been awarded to an outstanding individual who has displayed the integrity to their discipline and who has represented their organization in an outstanding manner during their career.

Randolph Hospital is so proud of Barry and appreciative of all his hard work.

**Reverend Barry Morris**

One of our community partners is the Randolph County Wellness Collaborative. The goal of the Collaborative is to promote a culture of health by following guidelines established by the Robert Wood Johnson Foundation to reduce childhood obesity and other conditions that cause poor health and lessen quality of life. The three focus areas are:

**Tenet I** - Early childhood Development, which is championed through the Partnership for Children.

**Tenet II** - Community team that is focused on engaging community partners to include health care, faith communities, fitness centers, school systems, law enforcement, government, business, senior care, foundations, and social services to become community partners in creating a healthy Randolph County.

**Tenet III** - Providers of health care that is focused on clinically integrating their services and sending a consistent message on living a healthy life. The ultimate impact is to create a fit and lean population, improve behavioral health and increase the length and quality of life.

This has been funded through the Randolph Hospital Community Health Foundation. We have been working diligently for a year and have our first employee, Stephanie McClure, Randolph County Wellness Collaborative Coordinator. Stephanie has a background in social work, community education, nonprofit management and executive leadership. Stephanie will lead this effort by coordinating the work of each tenet team, which is co-facilitated by two co-chairs on each team.

She will update a committee of community leaders on the progress we have made in reaching our impact goals. Momentum is built by achieving small wins in route to achieving some of the larger goals. An example of a small win would be to reduce the number of unhealthy snacks in vending machines, or develop a community garden and give the produce to those who have food insecurities or can't afford healthy foods. All this is exciting work as we collaborate to create a healthy Randolph County where our citizens can thrive and realize their life dreams.

**Reverend Barry Morris**  
**Director of Spiritual Care and Community Integration**

**National Conference Presentation**

On June 22, 2016, Barry and Helen will present at the 2016 Association of Professional Chaplains in Orlando, Florida. Also, presenting from Wake Forest Baptist Hospital will be Jeremy Moseley MPH, and Rev. Dianne Horton MDiv BCC. Their session will be about **Creating the Beloved Community**. We are excited about this opportunity to spread the word about Randolph FaithHealthNC at a National Conference.

**Randolph FaithHealthNC Churches**

**Randolph FaithHealthNC Churches**

Currently, we have 13 Randolph FaithHealthNC churches. Below is a list of the current FaithHealthNC churches (we have at least one representative in each church). Currently, we have 31 trained volunteers. Please contact Helen to find out how your church can become a Randolph FaithHealthNC church.

St. Joseph Catholic Church
St. Joseph Catholic Church-Latino
First Presbyterian Church
City of Refuge
Connecting Bridges Outreach
Solid Rock Baptist Church
Adonai UMC
North Asheboro Church of God
Mt. Nebo Holiness Church
Shady Grove Baptist Church
Mount Calvary Baptist Church
Greater Saint Johns
Look to Jesus Ministry
Kingdom of Life

**Randolph County  
Supporters of Health Graduates**



*Recent graduates of  
Randolph County Supporters of Health.  
Pictured left to right are:*  
**Becky Buxton-**  
*Christian United Outreach Center*  
**Kevin Garcia-Cordova-**  
*Randolph Hospital Insurance Navigator*  
**Rosa Patterson, FaithHealth Connector**  
**Helen Milleson, FaithHealth Navigator**  
**Tonya Lassister,**  
*Randolph Hospital In Home Aide.*

## Randolph FaithHealth

When is the right time for your church to get training?



### FaithHealthNC offers two options for training:

#### One, 4 hour session.

FaithHealth will provide:

- Trainers
- Materials
- Meal

#### Two, 2 hour sessions.

FaithHealth will provide:

- Trainers
- Materials

If your faith community is small, you may be the host church and partner with another church.

For more information, contact  
Helen D. Milleson, FaithHealthNC  
Navigator at

**336.328.3852**



is a program that we have chosen that will send out an e-mail to all our FaithHealthNC volunteers whenever we have a referral.

We have decided to use SignUp Genius for several reasons:

- You can decide if you are interested in volunteering for a task or not.
- You can see if someone else volunteers-i.e.-slot is full.
- You may have your name removed at anytime.
- It is easy to register with the program.

Currently, we are sending out e-mails whenever we have a request. They will say- for example- "female" in Randleman needs food or "male" in Asheboro needs transportation. If you reply by e-mail that you will take the request then someone from Randolph FaithHealthNC will call you with contact information on the patient.

Some of the requests are a onetime request. Other request, might be training to help individuals fill our charity care forms, completing NC Med Assist applications or prescription rebates etc.

Remember :

Male patient needing assistance- requires 1 male or 2 female or 1 male and 1 female

Female patient needing assistance-requires 1 female or 2 males or 1 female and 1 male

*Please join us for the Caregivers  
Education/Support Group*

**JUNE 2016**



**Program: "Emergency Preparedness  
for Seniors"**

**Speaker: Jared K Byrd, BS, EDM  
Emergency Management Coordinator**

**Thursday, June 16, 2015  
6:30 – 8:15 p.m.**

**Location:**

Home Health of Randolph Hospital  
341 N. Fayetteville Street, Asheboro, NC

- Sponsored by Spiritual Care Department of Randolph Hospital
- Refreshments provided by Pilot Club of Asheboro
- Scholarships for In-Home Aide Respite Care are available
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For more information please contact:  
Helen D. Milleson, FaithHealthNC Navigator  
(336) 302-2839 or (800)-428-8896

**Partners in Health and Wholeness Certification Program****Partners in Health and Wholeness Certification Program  
An Initiative of the North Carolina Council of Churches  
NOW OPEN FOR 2016!**

Since the launch of the PHW Certification Program in 2009, over 350 congregations, representing more than 70,000 people across NC, have participated in activities designed to add years – abundant years – to the lives of their congregations and communities. Please continue on the journey with us in 2016!

**About Partners in Health and Wholeness**

Partners in Health and Wholeness (PHW) works with faith communities across the state helping them live healthier and more fulfilling lives. PHW provides faith communities with tools, resources, and support to enhance their capacity and readiness to address the health priorities of their congregation and surrounding community. By strengthening the connection between faith, health, and social justice as well as helping faith communities be the leads in addressing their health issues- we hope to help reduce the health burden in NC. For more information about PHW, please visit [www.healthandwholeness.org](http://www.healthandwholeness.org)

**How to Apply**

There are three levels of health certification: Bronze, Silver, and Gold. You don't have to start at the Bronze level; just pick the level that best fits your congregation's current goals and activities. You will be asked to report on activities your congregation completed during the past 12 months (e.g. if you apply on Feb 10, 2016, you will need to report on your efforts since Feb 10, 2015). Then use our online form to apply for your certification. For more information, visit our website at <http://www.healthandwholeness.org/phw-certification>.

**Bronze**

- Identify a Health Contact person in your church.
- Designate all buildings as tobacco-free.
- Begin serving water and healthier foods as an option at meetings and events.
- Address health as a faith issue two or more times per year in a sermon or other part of service.

**Silver**

- Complete the Bronze-level tasks.
- Carry out 3 one-time events, like attending a PHW event or hosting a health screening.
- Carry out 2 ongoing events/programs, like forming a health ministry or starting a community garden.

**Gold**

- Complete the Bronze-level tasks.
- Recruit another congregation to obtain PHW certification.
- Provide children and youth with healthy snacks at youth events and meetings.
- Carry out 5 one-time events, like hosting a youth event on tobacco prevention or hosting a community health fair.
- Carry out 3 ongoing events/programs, like developing a parish nursing program or having the pastor model good health to the community.

**About the North Carolina Council of Churches**

With nearly eight decades of progressive activism, the North Carolina Council of Churches remains the leading faith-based ecumenical voice for justice advocacy in North Carolina. We are particularly concerned about issues related to health care, immigration, farmworkers, care of creation, voting rights, food security, peace, and making all congregations healthier places. The Council embraces ethnic, racial, gender, and sexual diversity, while standing within the Christian faith. For more information about the Council please visit <http://www.ncchurches.org/>