

right door



right time

ready to be treated



not alone



March, 2016

Volume 1 Number 1

## Randolph FaithHealth

**When is the right time for your church to get training?**



### FaithHealthNC offers two options for training:

One, 4 hour session.  
FaithHealth will provide:

- Trainers
- Materials
- Meal

Two. 2 hour sessions.  
FaithHealth will provide:

- Trainers
- Materials

**If your faith community is small, you may be the host church and partner with another church.**

For more information, contact  
Helen D. Milleson, FaithHealthNC  
Navigator at  
**336.328.3852**

*A Word from our Staff Members***Reverend Barry Morris**

Greetings all,

As I write this article for our first edition of our FaithHealthNC newsletter Randolph style, I've reflected on the fruitfulness of 2015 for our FaithHealthNC initiative in Randolph County. We have trained 30 members from 13 churches to be FaithHealthNC volunteers to work with fellow parishioners and those in their community with needs. For those of you who may not be familiar with FaithHealthNC, it is a program where the faith community, to include our safety net nonprofits, and our Health community come along side each other and work together for the health and well being of our church members and community citizens. Our efforts in the program started several years ago when my colleague Helen Milleson and I heard Dr. Gary Gunderson from Wake Forest Baptist Health discuss how the resources of the faith community and the assets of the health community could be combined to help those with needs as they move from the hospital setting back to their home and to help those who have no home and live with both health and social disparities.

As people of faith, we are called to care for the least of these my brethren as outlined in Matthew 25. All major faiths espouse the care to those who are sick and in need. As partners in the FaithHealthNC movement, we are challenged to collaborate with faith communities and safety net nonprofits, who are already providing excellent care, so together we might expand our reach to those in need. We have worked with church to deliver food to people who had none, offer companionship to the lonely, and help move a homeless family into permanent housing. All of these actions spread the love of God to those on the margins. Those who have been directly involved in the supportive care of patients outside the walls of their church have stated how much it has been a blessing to be able to help someone other than our church family. I can truly say that when people take the risk to help others, especially strangers in need, the energy and enthusiasm they bring back to the church is contagious.

Our hope with FaithHealthNC is to be a resource to churches that desire education about health and social issues faced by congregants. In turn, congregations help our health community by keeping an extra set of eyes on their members when they return home after a hospital stay. This act of kindness promotes well-being and keeps members healthy and independent. In addition, it affords congregations the opportunity to reach out to those in the shadow of their sanctuary who might be "the least of these my brethren."

If you would like to know more about being a FaithHealthNC church partner, please contact:

**Helen D. Milleson, Randolph Hospital FaithHealthNC Navigator**

**[hmilleson@randolphhospital.org](mailto:hmilleson@randolphhospital.org)**

**336-328-3852**

**or**

**Reverend Barry Morris, Director of Spiritual Care**

**[bmorris@randolphhospital.org](mailto:bmorris@randolphhospital.org)**

**336-328-3851**

Wishing you God's blessings,  
Reverend Barry Morris  
Director of Spiritual Care  
Randolph Hospital

*A Word from our Staff Members***Helen D. Milleson**

Greetings,

I am so excited to inform you that I have started full-time in my role as FaithHealthNC Navigator for Randolph Hospital, (technically, I was half-time in 2015) I have been a CAP Case Manager for most of the last twenty-four years and I am excited for this new challenge in my life. Barry and I have been working diligently to bring this wonderful program to the hospital. I am thankful that I can work on my calling from God to serve our population living with health and social disparities. As many of you know, I am married to Rev. Dr. Bart Milleson, a United Methodist Minister in the WNCC Conference. We have been in the ministry for about thirty-four years. I am also the daughter of a retired Presbyterian Minister. As you can imagine, I know a little about church work (especially the good, the bad and the ugly - lol!) I have been a part of 14 different churches. (This includes serving four churches in western Randolph county (1983 - 1986) know as The Tabernacle Charge which consisted at the time of Mount Zion, Piney Grove, Pleasant Grove and Tabernacle United Methodist Churches. From 2000 - 2006, we served with Grays Chapel United Methodist Church.) In my work as a Navigator, I am able to bring together my personal life as a minister's wife and my professional life as a case manager. I cannot wait to see what God has in store for my life, the communities of faith in our area and the residents of Randolph County.

As a FaithHealthNC Navigator, I have had a direct impact on some very complex Super - Utilizing patients by directing them to the right service provider reducing unnecessary hospital visits. In April, I will complete a 2 year Fellow training program through Wake Forest Baptist Health where I have acquired skills to develop a successful program.

My office is located in Welcome Center - Room D. I can be reached at 336-328-3852 (office phone) or 336-302-2839 (work cell).

In September, I was able to help a homeless family find housing after being homeless for five years. As I was helping to unpack boxes, I found the following cross stitch picture. ("For He shall deliver the needy when he crieth; the poor also and him that have no helper." Psalm 72:12). Is God calling you to be a helper? If so, I can put you to work! Please contact me to set up training.

Blessings,  
Helen D. Milleson  
FaithHealthNC Navigator  
Randolph Hospital



*A Word from our Staff Members—Continued***Rosa Patterson**

Rosa Patterson became a FaithHealthNC connector for Randolph Hospital in October 2015. She completed FaithHealthNC volunteer training last spring. In March, Rosa will complete Supporter of Health training at Wake Forest Baptist Health. Rosa is a retired LPN and an ordained minister at Connected Bridges Outreach Ministry. As one of our connectors, Rosa presents the FaithHealthNC educational materials to churches interested in participating in our developing collaborative care network. This affords opportunity to those in need to receive coordinated care from their faith community or to receive help by a church in the neighborhood. Rosa also attends Kingdom of Life and Greater Saint John's Church. In addition to her connector responsibilities, she also works as a Supporter of Health. A Supporter of Health works closely with patients that have a higher level of need requiring more one-on-one time. To date, Ms. Patterson has been busy helping to transport our complex clients to their doctor appointments, pharmacies, food pantries and grocery stores. Once these needs are addressed, help from network churches can be requested. Without the dedicated work of Rosa Patterson, our FaithHealthNC efforts in Randolph County would be not be where they are today.

**Zoe Faircloth**

Zoe Faircloth joined the FaithHealthNC team in December 2016. She has a background in Church Music and Education Ministry as well as Marketing and has lived and served in this area most of her career. She will be presenting the FaithHealthNC Educational materials to churches in the area as well as working with the marketing aspects of the program. Zoe is excited about becoming part of FaithHealthNC and looking forward to working with the program as it grows.